

In Touch Community Conversation

Paper Tigers statewide summary

Fall, 2016

Paper Tigers was an incredible success throughout the state of Idaho. This event brought together leaders, counselors, IDHW representatives, teachers, corrections, students, providers and members in a way that no one expected.

Optum Idaho and its partner organizations; Idaho Children's Trust Fund, The Speedy Foundation, and the Idaho Federation of Families provided a service that educated and informed the public about the positive approaches of discipline and education for children and adolescents affected by trauma and the effects that positive engagements have over certain types of punishments.

Optum is thrilled with the number of people who attended and are committed to being a part of a movement to change the approach with children who have been affected by trauma, to continue the discussions to break down barriers and to move people to understand that mental health is critical to the health of our children, friends, family and community as a whole.

Nampa – September 21, 2016

Despite a rainy evening 152 people attended the event. The audience was different than we expected, as many were students from a local alternative high school. The panel discussion went longer than scheduled, but allowed for public question and answer.

Moscow – September 28, 2016

At this northern Idaho location we had 120 people attend the event. The audience also had a large number of alternative high school students, as well as parents who have been in and out of the jail system. One parent made the comment that they were there because they wanted to learn how to break the cycle so that their children did not follow in their footsteps.

Idaho Falls – October 13, 2016

In eastern Idaho there were 90 people in attendance, a majority of those included agencies, counselors, parents and providers. This particular area of the state has seen an increase in teen related suicides and because of that we had a handful of providers from one East Idaho town, Malad City in attendance. They were seeking information to take back to their community to help teens who are in crisis. It just so happened that on the same evening there was a funeral for an Idaho Falls teenager who had committed suicide over the weekend. This shows the relevance and timeliness of the InTouch Community Conversations.

Boise – October 20, 2016

The Boise attendance was outstanding! The documentary was seen by more than 500 people, including State Senator Chuck Winder of Boise. Attendees were very engaged in the Q & A session. In reviewing the surveys, attendees are very interested in watching *Resilience* in the Spring, 2017 and learning more about how to prevent childhood trauma, treat toxic stress and improve the health of future generations.